



EDINBURGH ROAD CLUB PRESENTS THE

ARTHUR'S SEAT

CLOSED ROAD EVENT*

With thanks to Historic Environment Scotland
for permitting the event to take place in Holyrood Park

HILL CLIMB
Sunday 1st October
2023



HISTORIC
ENVIRONMENT
SCOTLAND

ÀRAINNEACHD
EACHDRAIDHEIL
ALBA

Sign on point:

Near the start of the climb/
St Margaret's Loch

What3Words:///chain.onion.needed

www.edinburghrc.co.uk



FIELD
& LAWN
Marquees



Goodson
Associates

Consulting Civil & Structural Engineers



Edinburgh RC

EDINBURGH ROAD CLUB PRESENTS

ARTHUR'S SEAT HILL CLIMB - A ROAD CLOSED EVENT*

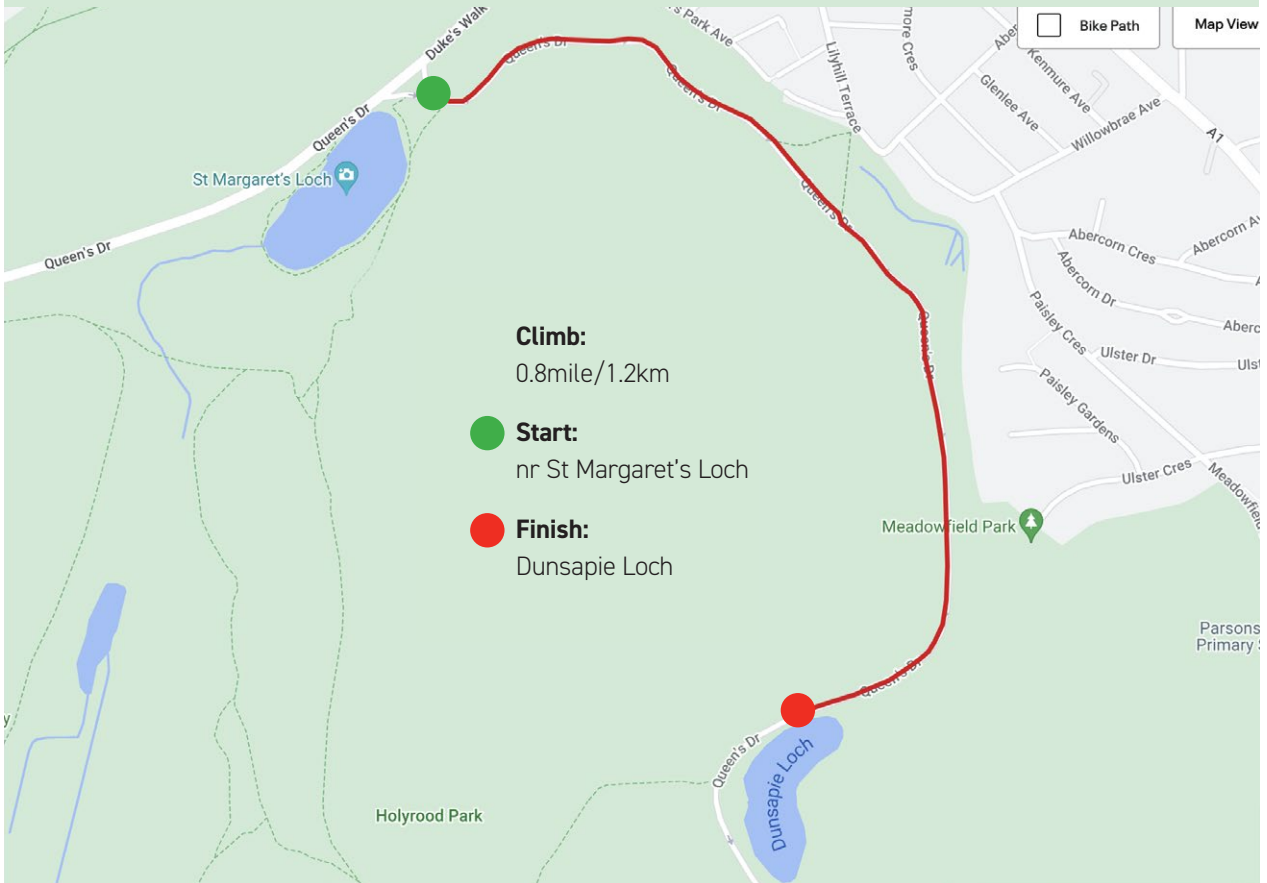
* It's unlikely, but there might be a need for park rangers, emergency vehicles, or contractors. Event marshals will alert you if this is the case.

Covid-19 & General Safety

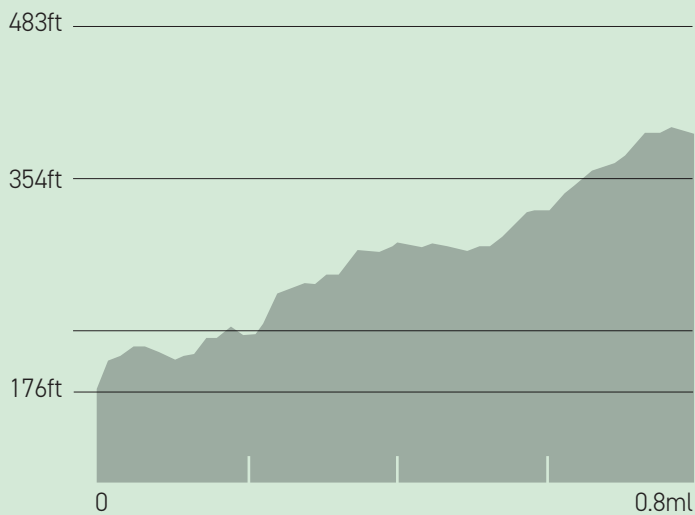
COVID still exists and we should all take reasonable precautions to continue to prevent the spread.

- Please don't turn up if you have, or might have, COVID symptoms or are otherwise ill. We all know the symptoms. If you feel a bit ropey, you are probably not going to PB or win anyway.
- Competitors should not attend if they feel ill in ANY way, especially if they or family members have any symptoms.
- Competitors with an elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of any kind, and that they should not start and leave immediately and not go to the start line if they feel this is the case.
- Any competitor where the above is relevant should obtain a lateral flow test.
- Please consider taking a lateral flow test prior to attending the event. Any Positive Tests the competitor should not attend the event.
- As a CTT event **front and rear lights must be on your bike** and switched on before the start. I am asking all riders to wear helmets also. If you aren't going fast enough to need a helmet if you fell off, then I would query why you are racing.
- The park is a popular place on Sundays for walkers, dogs and other cyclists. Please be considerate in your riding and look out for the safety of others. When descending down from the top, competitors must take care and keep aware of other park users.

ARTHUR'S SEAT HILL CLIMB ROUTE



ARTHUR'S SEAT HILL CLIMB ELEVATION



Start:
176ft

Max:
401ft

Gain:
200ft

Ave Grade:
5.3%



Edinburgh RC

NOTES FOR COMPETITORS:

Getting there

For those that are local, please ride to the start as parking will be limited. Queen's Drive will be closed from Holyrood to the east of the start of the climb - see map below, with the road closed between the blue line. Cyclists will be able to pass through or use the cycle path south of the road.

Start

Please be at your start time a minute or two before it goes off, and not more than three minutes to keep people distanced. The start will be just after the closed barrier.

Please arrive in plenty of time to sign on and pin on your number.

Start

The finish continues beyond the right hand corner as there is still a drag uphill - keep pushing all the way. The road is one way - continue to ride around Arthur's Seat to return back to the start.

Youth riders - there will be a convoy of riders led by a parent to descend down. After you race, please wait at the top, after the finish,

Prizes

Prizes will be awarded in the following categories. Youth and junior entries are low, hence the lower prize money.

Category	Prize
Overall	£50
Woman	£TBC (awaiting entries)
Best ERC	£20
Junior	£20
Youth A/B/C/D	£20 each, boys and girls
Fastest Mum/Dad	£10

Results

Prizes will be awarded in the following categories. Results will be announced after the race, back at the sign-on at the bottom of the climb. As noted above, please take care when descending back to the bottom. You will need to wait for the timekeeper to ride down anyway, so no need to rush.

Contact

If you have any issues leading up to the race, email vp@edinburghrc.co.uk, or on the day, call **0797 024 0609**.

